

# **2023 RESOURCE AND REFERRAL GUIDE**

Including the Counties:
Fergus, Petroleum, Judith Basin, Wheatland, Golden Valley and
Musselshell

Although we make a considerable effort to keep the information in this guide current, changes do occur after updating. Please feel free to call and update/correct information.

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#### **Adult Education**

WIOA Adult Education District 6 HRDC 300 1<sup>st</sup> Ave N Ste 203 Lewistown MT 59457 406-535-7488 or 1-800-766-3018

Great Falls Adult Education Great Falls College MSU 2100 16<sup>th</sup> Ave South RM G30 Great Falls MT 59404 406-771-5107 Billings Adult Education The Lincoln Center 415 N 30th Billings MT 59101 406-281-5010

#### **Adult Protective Services**

Central Intake Line 844-277-9300 Open M-F 8 to 5

https://dphhs.mt.gov/sltc/aps/

#### Go to website and fill out an on-line reporting form

Adult Protective Services Specialists help to protect vulnerable adults from abuse, neglect and exploitation. They help end abuse by matching the needs of the person, with community partners in their area. Partners like mental health, public health, law enforcement, the courts, the aging network, community groups and the public.

#### Alanon

Lewistown: Presbyterian Church 215 5th Avenue South Lewistown, MT 59457 535-7219

Lewistown: meetings are Wednesday at noon and Sunday at 7pm at the Presbyterian Church.

Roundup:

Emmanuel Baptist Church Thursday 7 pm.

AL anon is a support group for families and friends of alcoholics.

# **Alcoholics Anonymous**

If you are having trouble with alcohol and need to speak to someone immediately, call the 24hr AA Hot Line Below (888) 607-2000

**Lewistown:** 201 4th Ave North meeting times vary.

**Hobson:** Chapter 2 Group, Hobson Library, Mondays 7 PM **Roundup:** Tuesday and Friday 7 PM, Emmanuel Baptist Church

**Harlowton:** Mondays: American Lutheran Faith Center 7 PM & Weds. 7 PM, Wheatland Healthcare Conference Room Support groups for recovering chemically dependent people. Alcoholics Anonymous provides open and closed meetings. Check local newspapers for times and location.

### <u>Alcohol and Drug Treatment / Counselors</u>

See also Counseling

State approved ACT (Assessment, Course and Treatment) Providers by location city.

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Lewistown					
Aspen Assessment and Counseling Services	Peggy Albee	(406) 366-4134	505 West Main Street Suite 316, Lewistown, MT 59457-5703	Aspenacs@yahoo.com	Fergus
Journey Recovery	Barbara Mettler	(406) 538-7483	212 Wendell St Lewistown, MT 59457	bmittler@scmrmhc.org	Fergus
	Michael Stanton	(406) 366-0948			
	Lance Eller	(406) 535-6614			

Great Falls					
Benefis Healthcare	Marlene O'Connell, RN	(406) 455-2367	Benefis West Campus -2nd Floor 500 15th Ave S Great Falls, MT 59405	marleneoconnell@benefis .org	Cascade
Gateway Community Services	Robert Wigdorski	(406) 727-2512	26 4th St. North Great Falls, MT 59401	bob@gatewayrecovery.or	Cascade
Billings				1	
Alternatives Inc.	Jan Begger	(406) 294-9609	1001 South 27th Billings, MT 59101	jbegger@altinc.net	Yellowstone
Better Times Recovery Services LLC	Betty Ann Roan	(406) 281-0948	1925 Grand Ave Ste 103 Billings MT 59102	baroan@msn.com	Yellowstone
Billings Addiction Counseling LLC	Tammy Perkins	(406) 860-4499	208 N 29th #236 Billings MT 59101	Tammyperkins@billingsa ddict ioncounseling.com	Yellowstone
Journey Recovery	Barbara Mettler	(406) 839-2650	1245 North 29th Street, Billing MT 59101	bmittler@scmrmhc.org	Yellowstone
New Day	Vernon Mummey	(406) 254-2330	1724 Lampman Drive Billings, MT 59102	newday@mcn.net	Yellowstone
Patricia "Trish" Flynn	Patricia Flynn	(406) 850-4477	1629 Ave D, Suite B4 Billings, MT 59104	TrishFlynnLAC@gmail.c	Yellowstone
Rimrock Foundation	Lennette Kosovich	(406) 248-3175	1231 North 29th Street Billings, MT 59101	lkosovich@rimrock.org	Yellowstone

#### **American Diabetes Association**

1601 2nd Avenue N Great Falls, MT 59403 800-766-8596

Provides support network for diabetics and their families, provides education, and helps with supplies.

# **American Heart Association, Fergus County**

Great Falls, MT 406-452-0899

Local office provides referrals for information.

# <u> American Legion-Fergus Post 16</u>

402 W Main Lewistown, MT 59457 538-9086

Provides pensions and burial with military honors upon request. May give assistance to passing veterans.

# **American Red Cross- Montana**

1300 28<sup>th</sup> St S Great Falls MT 59405 1-800-272-6668 406-452-0965

Provides disaster, health and safety services. For information on the Blood Mobile, contact Connie at 538-3505. For water safety, contact Margee at 538-7613. For first aid training, contact Maureen at 538-4070.

### <u> Animal Shelters</u>

Heart of Montana 406-535-6707 505 W Main Suite 318 Lewistown, MT 59457

Operates a thrift shop on Highway 87 West of Lewistown, to raise money to build a 4 county animal shelter. There is a pet food bank available to assist in feeding animals.

**S.A.F.E** 406-366-5905

https://safelewistownmt.com/

SAVING ANIMAL FROM EUTHANASIA

# **Apprenticeship and Training**

Montana Department of Labor and Industry
PO Box 1728

www.apprenticeship.dli@mt.gov

132 Lockey Helena, MT 59601

Contact: Tom Letellier 406-444-7914 or 406-444-3998

Provides employer approvals, apprenticeship registration and oversight for apprenticeship program compliance for both organized and independent employers and apprentices in the State of Montana. An apprenticeship is one of the oldest forms of training for crafts trades. It allows entry-level workers to learn a skilled occupation by a combination of working on the job and completing technical related instruction that is occupation specific. The apprentice is mentored by a competent journey-worker on a daily basis and is paid a wage based on a progression schedule.

#### Area II Agency on Aging

1504 4<sup>th</sup> St W <a href="https://area2aging.org/">https://area2aging.org/</a>
Roundup, MT 59072 areatwo@midrivers.com

406-323-1320

Serving the needs and concerns of seniors and disabled throughout an eleven county area including the counties of Fergus, Petroleum, Judith Basin, Golden Valley, Wheatland and Musselshell. Offering assistance and information to support independent living in the community for Montanans, information and assistance, advocate services and SHIP counselors who are trained to provide assistance with Medicare, Medicaid, Social Security and other issues relating to seniors and the disabled.

#### **Arthritis Foundation**

888-245-0231 or 406-248-7602

Provides information regarding arthritis, treatment and available services.

### **Attorney, County**

Assists in child support enforcement, bad check program and prosecution.

Fergus County Courthouse	Golden Valley County
712 West Main St	406-568-2272
Lewistown, MT 59457	
535-8127 www.co.fergus.mt.us	
Judith Basin County	Petroleum County
81 Central Avenue.	406-535-8121
Stanford, MT 59479	
406-566-2511	
Musselshell County	Wheatland County
County Courthouse	411 Division
Roundup, MT 59072	Harlowton, MT 59036
406-323-2230	406-632-5651

### A.W.A.R.E

25 Meadowlark Lane (Central Montana Head Start building) www.awareinc.org

Lewistown, MT 59457

Phone: 406-535-7751 Crisis Line 1-800-481-8980

Providing family support services to persons with challenging mental, emotional and in some cases physical needs who would otherwise be served in a more restrictive setting.

# **Benefis Health Care**

1300 28<sup>th</sup> St S Great Falls, MT 59405 406-452-0769

**Services:** Full service hospital with 24-hour care, outpatient surgery.

### **Benefis Health Care Addiction Medicine Center**

1101 26<sup>th</sup> St S Great Falls, MT 59405 800-843-5716 or 454-6060

Provides in and outpatient treatment and family services, ACT and DUI classes available. In-patient and outpatient adolescent services.

### Blind and Deaf Technology

www.icanconnect.org/montana 1-800-825-4595 www.dpphs.mt.gov/detd/mtap/

1-800-833-8503

The mission of I Can Connect is to ensure that every person with combined hearing and vision loss has access to modern telecommunication tools and the training necessary to use them. May assist with testing and equipment.

#### **Blind & Low Vision Services**

Counties: Fergus, Judith Basin, Petroleum 201 1st St South Suite 2 Great Falls, MT 59405 406-454-6060 or 1-888-279-7527

Doug Robinson drobinson@mt.gov

Counties: Wheatland, Golden Valley and Musselshell

2508 3<sup>rd</sup> Avenue N Billings, MT 59101 **406-657-3120** 

Provides evaluation, guidance and counseling. Instruction services provided for visually disabled, training on college or vocational-technical school, referral source for other programs and partial assistance with physical restoration services.

### **Brain Injury Association of Montana Support Group**

215 5<sup>th</sup> Avenue S Lewistown, MT 59457 L. Miksch 406-538-3608

Respects and encourage the involvement and choices of individuals with brain injury and their personal support providers in setting goals and in identifying and accessing information, services and supports that are desired. Meets the 4<sup>th</sup> Monday of every month at 6:30 PM.

### **Boys and Girls Club**

134 Park Street Lewistown, MT 59457 406-535-2257

bgclublewistown@yahoo.com

Inspires and enables all young people, especially those from disadvantaged circumstances to realize their full potential as productive, responsible and caring citizens. Snacks and meals provided. Hours: Monday thru Friday after school; 7:50 am to 5:10 pm non-school days. Limited scholarships available.

# BSAFE – Building Security through Assets and Financial Education

101 N Rodney Helena, MT 59602 1-800-745-88746, ext. 124

www.mtbsafe.org

BSAFE was developed to help low-income domestic violence survivor's work towards economic independence and so towards freedom and safety.

### **Cancer Support Group**

408 Wendell Avenue Lewistown, MT 59457 406-535-6277

Support Group provides access to community resources and programs for cancer patients, caregivers and survivors.

### Care Giver's Support Group

CMMC Social Services 408 Wendell Avenue Lewistown, MT 59457 406-535-6277

The group provides education and support to persons who care for a friend/family member at home or in a nursing home.

#### <u>Catholic Social Services for Montana Inc.</u>

410 Central Avenue Suite 601
Great Falls, MT 59401
1-800-222-9383 or 409-771-7805
Adoptive services and free confidential counseling.

#### **Central Montana Community Health**

See: One Health

# **Central Montana Family Planning**

See Family Planning (Central Montana)

#### **Central Montana Health District**

505 W Main St Suite 213 Lewistown, MT 59457

Program Manager: Sue Woods, RN Communicable Disease: Sue Woods, RN

**Comprehensive Cancer Control** 

Website: https://centralmontanahealthdistrict.org/

The Central Montana Health District proudly serves Golden Valley, Judith Basin, Musselshell, Petroleum, and Wheatland Counties for all their Public & Environmental Health Services.

Services include community & school flu and immunization clinics; Investigation of Communicable diseases; Public Health Emergency Preparedness Planning (PHEP); Provide Assistance and Support to clinics, doctors' offices and hospitals within the service area; Prescription Drug Discount Program (available in all counties in CMHD); Provide information and assistance regarding disease prevention and mitigation for the Central Montana area. Tobacco Prevention Program.

# **Central Montana Medical Center**

https://www.cmmc.health/

408 Wendell Avenue Lewistown, MT 59457 406-535-7711

Nestled on top of a hill with a view of 5 majestic mountain ranges is our community hospital: Central Montana Medical Center, or informally known as "CMMC." CMMC is a 25-bed critical access hospital. We provide a full range of services from rehab, home health/hospice, in/outpatient surgical services to obstetrics, emergency, intensive care and high tech radiology services accompanied with a complete staff of specialty physicians.

The Care Management Team at CMMC offer a broad range of services from mental health counseling to medication management and nutrition.

Prenatal classes and Breastfeeding offered every three months – 535-1502

Judith Peak Rehab Services – Speech Therapy, Physical Therapy, Occupational Therapy

Diabetes Education Classes – 535-6209

### **Central Montana Youth Mentoring**

505 W Main #319 or PO Box 532 Lewistown, MT 59457 406-535-8899

cmym@midrivers.com

CMYMP matches high school mentors with grade school students in grades K-6. Mentors spend one hour per week with their mentees. Mentors visit the grade schools monthly sharing lunch and recess with all of the kids. Once monthly large group events offer opportunities for writing, reading, art/music and other activities to promote good decision making and healthy lifestyle choices.

#### **Chase Hawks Crisis Fund**

The Chase Hawks Memorial Association (CHMA) provides financial assistance to individuals and families in crisis. The CHMA Crisis Fund Grant Review Committee is comprised of community volunteers who evaluate and prioritize grant requests. Grants processed on a first come, first served basis within the constraints of the budget. CHMA grants are typically under \$500; higher amounts considered in extenuating circumstances on a limited basis. Funds distributed on a non-discriminatory basis in Montana, Wyoming, North Dakota, and South Dakota; with priority given to requests from communities where funds are raised.

For crisis fund questions, please call 406-671-5209. Or visit the website <a href="http://chasehawks.com/crisis-fund/">http://chasehawks.com/crisis-fund/</a>

#### Chamber of Commerce

Lewistown: 408 East Main Street Lewistown, MT 59457 406-535-5436 http://lewistownchamber.com/

Harlowton: PO BOX 694 Harlowton, MT 59036 406-632-4694 http://www.harlowtonchamber.com/

Provides business assistance, relocation, travel information and answers questions concerning the community

# **Chemical Dependency**

See Alcohol and Drug Treatment/Counseling

### **Child Abuse/Neglect**

866-820-5437

Services: Provides child (0-18) protective services on a referral basis. Call above toll free number to make a referral.

# **Child Care (licensed) in Lewistown Montana**

Small Wonder Preschool Center Stars to Quality Program 406-535-8936, 512 W Broadway <a href="mailto:swkids1st@gmail.com">swkids1st@gmail.com</a> Broadway <a href="mailto:swkids1st@gmail.com">swkids1st@gmail.com</a>

The Fox Den Stars to Quality Program 406-478-0932, 509 W Shields St <a href="mailto:thefoxdenchildcare@hotmail.com">thefox Den Again 406-478-0932</a>, 509 W Shields St <a href="mailto:thefoxdenchildcare@hotmail.com">thefoxdenchildcare@hotmail.com</a></a>
Boys and Girls Club 535-2257, 134 Park St

Happy Hearts Infant Care 406-535-4861 <u>yaeger5@midrivers.com</u> Klovstad Daycare 218-298-1130 <u>amandaklovstad21@yahoo.com</u>

#### Child Care Resource and Referral

Fergus, Judith Basin and Petroleum counties served by Family Connections in Great Falls.

Family Connections MT www.familyconnectionsmt.org

202 2<sup>nd</sup> Avenue S Suite 201 Great Falls, MT 59405

800-696-4503 406-247-4732 Fax: 406-248-2943

District 7 HRDC in Billings serves Musselshell, Golden Valley and Wheatland.

District 7 HRDC <u>www.hrdc7.org</u>

7 N 31<sup>st</sup>

Billings, MT 59103

800-433-1411 406-247-4732 Fax: 406-248-2943

Free childcare information and referrals to parents. Training and technical assistance to childcare providers. Financial assistance for childcare costs for income eligible families.

### **Child and Family Services**

312 Birch St Suite 1

Lewistown, MT 59457 406-708-7081

Provides child (ages 0-18) protective services on a referral basis, registration, foster care and adoptive studies.

EMERGENCIES DIAL 911 To report abuse or neglect: 1-866-820-5437

#### **Statement of Purpose**

To protect children who have been or are at substantial risk of abuse, neglect or abandonment. We strive to assure that all children have a family who will protect them from harm. We recognize the protective capacities of families and incorporate them in assessments, decision making and actions with the goal of improving safety, permanency and wellbeing for children. We encourage our communities to strengthen their prevention efforts and to share responsibility for the safety of its children and families.

### **Children's Special Health Services**

**DPHHS** 

PO Box 202951 Helena, MT 59620

www.dphhs.mt.gov/publichealth/cshs/

Email: <u>cshs@mt.gov</u> 1-800-762-9891

Provides access to specialty health care; assists families with obtaining necessary services, assistance with medical expenses of covered conditions for families under 200% of poverty level.

### **Child Support and Enforcement Office**

Butte Child Support Enforcement Office

Main phone: 406-497-6600 Fax: 406-782-9728

129 W Park St Ste 201

**Butte MT 59701** 

Child support services are provided to either parent, or to a third-party with whom the child (ren) resides by court order or with the consent of the parent who has legal custody.

#### Services:

- Locating parents
- Establishing paternity
- · Establishing child support and medical support orders
- Enforcing child support and medical support orders
- · Modification of support orders

### **Churches (List is not all inclusive)**

#### Lewistown Area:

Bonanza Hills Church of the Nazarene - 538-5958

Bread of Life Baptist Church - 535-3381

Celebration Community Fellowship - 535-3310

Central Baptist - 535-8765

Christian and Missionary Alliance - 535-8914

Church of Jesus Christ of Latter-Day Saints - 538-9058

First Baptist – 538-5324 First Christian – 535-9001

First Presbyterian - 538-3728

Jehovah's Witnesses – 538-3255

Lighthouse Baptist - 535-2600

New Light Assembly of God – 535-7095

Seventh Day Adventist - 538-9393

St. James Episcopal 538-5151

St. Leo's Catholic – 538-9306

St. Paul Lutheran – 535-8563

United Methodist – 535-3722

Zion Lutheran - 538-5082

#### **Denton Area:**

Denton Bible Church - 567-3010 St. Anthony's Catholic - 566-2531

#### **Harlowton Area:**

American Lutheran – 632-5876 Assembly of God – 632-4866

Church of Jesus Christ of Latter Day Saints - 632-4551

Faith Chapel – 632-4866

Federated Church Presbyterian-Methodist - 632-4228

Harlowton Wesleyan Church – 632-5834 St. Joseph Catholic Church – 632-5538

#### **Roundup Area:**

Assembly of God - 323-2224

Bull Mountain Community Church - 117 Old Divide Rd

Church of Christ – 323-1022

Church of Jesus Christ of Latter Day Saints - 323-1350

Community Christian Fellowship – 429-2475 Emmanuel Baptist Church – 323-2817 Frontier Independent Baptist – 323-3182

Mercy Baptist - 323-1483

New Life Fellowship – 323-1274

Roundup Congregation of Jehovah's Witnesses - 323-4008

Roundup Evangelical Bible Church – 323-3361 St. Benedict's Catholic Church – 323-1019 St. Paul Lutheran Church – 1009 1st St. Seventh-Day Adventist Church – 323-3998

United Methodist Church - 323-4461

Wisconsin Evangelical Lutheran Synod – 656-2613

Zion Lutheran Church – 323-1335

### **City Offices**

Lewistown: 305 W Watson St., Lewistown, MT 59457, 406-535-1766

Denton: 515 Broadway, Denton, MT 59430, 406-567-2571

Moore: 406-374-2480

Hobson: 406-423-5453 (Library)

Stanford: 406-566-2251 Winifred: 406-462-5425 Roy: 406-464-2233

Roundup: 406-323-2804

Roy: 406-464-2233 Grass Range: 406-428-2174 Winnett: 406-429-5451

Lavina: 406-636-2025 Ryegate: 406-568-2320 Harlowton: 406-632-5523

Judith Gap: 601 Meagher, Judith Gap, MT 59471, 406-473-2249

Provides information regarding water, sewer information.

### **Clearinghouse Connections**

DISTRICT 6 HRDC 300 1st Avenue North Suite 203 Lewistown, MT 59457 406-535-7488 or 800-766-3018 www.hrdc6.org Email: cmhrdc@midrivers.com

Clearinghouse Connections is a community-based emergency resource and referral program aimed at assisting individuals in Fergus County with limited income who are experiencing an unforeseen crisis. The primary goal is to help people improve their situation, either by connecting them to available community resources or through financial assistance. This program operates wholly on donation and all monies donated are used to assist those in crisis. Those benefiting from the assistance are asked to pay back that assistance, if and when they are able.

### **College Affordability Guide**

Our mission to help students save money began in 2013, and our 2018 research answers the question of what makes a college education affordable. We do two things really well: identify the most affordable schools with early childhood education programs and positive student outcomes, and educate students on the little-known ways of saving a ton of money on their education and related expenses.

www.CollegeAffordabilityGuide.org

#### Commissioners, Montana Association of Counties, District 6

Fergus County, 712 W Main St., Lewistown, MT Phone: 406-535-5119 Judith Basin County, Courthouse, Stanford, MT 59479 Phone: 406-566-2212 Petroleum County, Courthouse, Winnett, MT 59087 Phone: 406-429-5311 Musselshell County, Courthouse, Roundup, MT 59072 Phone: 406-323-1104 Golden Valley County, Courthouse, Ryegate, MT 59074 Phone: 406-568-2231 Wheatland County, Courthouse, Harlowton, MT 59036 Phone: 406-632-4891 Referrals for zoning, financing, or any needed county information.

#### **Community Cupboard**

203 4<sup>th</sup> Avenue North PO Box 194 Lewistown, MT 59457 406-535-2015

http://www.centralmontanacommunitycupboard.org/

Provides a 3-day supply of food to alleviate an emergency to anyone in need. Storage available for canned and perishable food until it is distributed. The Community Cupboard accepts canned or perishable foods and cash donations from the community. The Community Cupboard is open Monday – Friday from 9 – 12, Thursday evenings 5:30 to 8:00, and closed all holidays.

# **Council on Aging Fergus County**

307 W Watson Lewistown, MT 59457 406-535-7486 www.fccoa.net

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#### **FOOT CLINIC**

The foot clinic is co-sponsored with CMMC and held the first two Thursdays of each month. Fees are \$25 for the first visit and \$20 thereafter.

Continued on the next page

#### HOMEMAKING SERVICES

Council on Aging employs several homemakers who are available to help seniors with dishwashing, laundry, bill paying, grocery shopping and other daily jobs, in addition to offering a friendly person to visit with or a chance for caretakers to take a much-needed break. Council on Aging works with State Health Insurance Assistance Program, counselors trained in helping clients with Medicare, Social Security and related issues. Services are available to those over age 60, as well as the disabled, with a suggested donation rate of \$8.50 per hour.

#### **MEAL SITES**

Provides meals that meet the requirements of the Older Americans Act of 1965 at five different sites. Suggested donation is \$3.50 for people 60 or older and \$4.50 for those under 60.

**Lewistown:** Lunch is served at the Council on Aging (Grubstakes), Monday through Friday at 12 noon. Home delivered meals are also available for home bound seniors. Suggested donation for home delivered meals is \$4.

**Denton:** Lunch is served at Buddy's Bar & Cafe, Monday through Friday at 11am.

Grass Range: Lunch is served in the Little Montana Cafe at 11:30 on Monday and Wednesday.

**Moore:** Lunch is served at the Moore Women's Club, Tuesday and Thursday at 12 noon. **Roy:** Lunch is served at 12 noon at the Roy School on Wednesday (during school year only).

Winifred: Lunch is served at the Winifred Cafe at 11:30 am on Mondays and Fridays.

#### **SENIOR FOOD COMMODITIES**

Provides supplemental food in the form of cheese, dry noodles, beans and canned food.

#### Transportation, Central Montana Shuttle 535-7486

Shuttle services are available by appointment for shopping, doctor appointments and the Lewistown meal site. Rides are also provided for local nursing and retirement homes. The suggested donation for local service is \$1.50 per ride (one way) for seniors and disabled individuals, and \$1.50 for the general public. The bus also goes to Great Falls every Thursday, Billings every Tuesday. Trip fee \$30; Special/emergency trips \$100 (72 hr. notice depending on driver availability).

#### TREASURE DEPOT

Provides low cost clothing and household items shopping to the community. Special needs referrals at no cost.

### **Council on Aging Musselshell County**

113 7<sup>th</sup> Ave West Roundup MT 59072 406-323-2015

Senior services consisting of home care needs, meals and transportation. Call the number above

### Counseling

See following pages for special insert of counseling with areas of practice.

#### Aspen Assessment and Counseling

#### Peggy Albee, LCPC, LAC, CART, NCAC-1, SAP, MHPP, CRC W. Main, #316

Lewistown, MT 59457

Phone: 366-4134

\*\*Dual license for mental health and substance use disorders\*\*

\*Adults: Evaluations/treatment, Anger Management, Offender Intervention Program (for male batterers), Turning Points (for female batterers), CBI-SA Cognitive Behavioral Interventions-Substance Abuse (for individuals on probation), Conflict Resolution, Life Skills.

Substance Abuse: Assessments & outpatient treatments. Referral for inpatient treatment, continuing care, and relapse prevention. DOT violation assessments.

Adolescents (12+): Forward Thinking (cognitive change), Anger Management, Substance Use assessment and treatment, Mental Health assessments/treatment.

Mental Health Professional Person (MHPP): Assist in the commitment process for individuals experiencing a severe mental health crisis.

#### Be Balanced Counseling

#### Katie d'Autremont, MS, LCPC 406-707-0041

\*\*All sessions done through HIPAA compliant video platform\*\*

\*Couples and adult individuals. Anxiety, depression, phase of life concerns, stress, burnout, workplace stress, relational/family stress or looking for deeper self-reflection. Utilizes Emotionally Focus Therapy for couples and individuals.

#### Capstone Counseling

#### Monica Braulick, LCPC 406-380-2258

\*Children, teens, adults, play therapy, grief/loss, relationships, depression, anxiety, and trauma therapy. EMDR trained. Faith based if desired. CMMC EAP Provider.

#### Central MT Community Health Center

#### Kristin Henricksen, MSW, LCPC 406-535-6545

\*All ages. Individual/family therapy. Treatment for depression, anxiety, grief/loss, trauma, relationship and life adjustments. Utilizes Brain Health Coaching, Cognitive Behavioral Health (CBT) and art therapy. Extensive background in adoptions, foster care, and Christian counseling.

#### Central MT Medical Center

Eli Karinen, LCSW 406-535-1515 - scheduling 406-707-0488 - cell

\*Adults, adolescent, children, individual, family. EMDR certified. Psychiatry referrals. CMMC EAP Provider.

#### Cottonwood Counseling

Teresa Majerus, LCPC 406-350-0016

\*\*Full-time private practice\*\*

\*All ages but specializes in children and adolescents. Trauma therapy.

EMDR trained. Faith-based if desired.

#### Counseling Associates

#### Deanna Stevenson, LCPC

505 W Main #225

https://www.counselingassociatesmt.com

Lewistown, MT 59457 Phone: 406-535-5990 cservices@midrivers.com

\*Individual, couples/family, group counseling for children and adults. Anxiety, trauma, bereavement, anger management, identity and self-esteem. CMMC EAP Provider.

Ty Bullard, LCPC

406-535-5990

406-589-4664

\*Adults, adolescents, children. Individual and couples counseling. Neurofeedback.

Lisa Gilbert, LCPC

406-535-5990

\* Adults, children, individuals and family. Trauma, child abuse, sexual abuse, post-traumatic stress disorder.

#### Mental Health Center

# Wendy Goffena, MSW, LCSW 406-538-7483

\*Adolescents (15+), adults. Extensive experience with adolescents. Individuals and couples. Depression, anxiety, trauma. Trained in EMDR, Cognitive Behavioral Therapy (CBT), and Dialectical Behavior Therapy (DBT). Level 1 Substance Abuse training.

#### Michele Stanton, LAC, MH Intern

#### 406-366-0948

\*Substance use and mental health assessments and treatment. Referrals for inpatient treatment. Individual counseling for mental health and substance use. Outpatient group treatment for Anger Management, Relapse Prevention, Conflict Resolution, and Substance Use Groups. Cognitive Behavioral Therapy (CBT).

#### Passages to Peace

# Lance Eller, LCPC, LAC 406-535-6614

400-333-0014

- \*\*Dual license for mental health and addiction\*\*
- \*\*Approved provider for MT Veterans\*\*
- \*All ages/diagnoses, post-traumatic stress disorder, co-dependency, grief counseling, pain management, domestic violence, anger management, sports enhancement, and sexual assault/abuse. EMDR trained. Substance abuse: counseling and evaluations.

#### Rachelle Eldred Counseling

# Rachelle Eldred, LCPC, LPCC, CPTT-II 406-366-3702

- \*\*Dual Licensed in MT and ND, offers telehealth counseling in both States\*\*
- \*Adults (18+). Doctoral training in forensic psychology. Severe chronic mental illness, depression, anxiety, bipolar disorder, life adjustments, trauma, personality disorders, interpersonal skills, and OCD. Specializing and focusing on trauma, trauma-informed treatment, EMDR, somatic responses to trauma, Dialectical Behavior Therapy (DBT), Cognitive Behavioral Therapy (CBT), and Borderline Personality Disorder.

#### Roots Counseling

#### Kelli Berg, LCPC 406-707-0233

\*Adults, adolescents, and children coping with a variety of mental health issues related to family violence, depression, anxiety, poverty, divorce, substance abuse within families, grief, loss, and other behavioral difficulties. Training and experience in trauma, child abuse, sexual abuse and domestic violence.

#### Yellowstone Boys and Girls Ranch

#### 406-538-4418

\*Serving youth and family in need of the following support services:

#### Melody Lark, LCPC

Youth and family therapy for a variety of mental health issues.

#### Paula Drissell

Youth Case Manager – Help/Assist in coordinating mental health, medical, social, nutritional and educational services.

#### Jeanette Rector

Home Support Reunification Specialist –Weekly home visits; teach families how to implement new ideas and overcome challenges. Work on communication, boundaries, healthy expressions of emotions, and parenting skills.

#### Lesly Kassmier, LCPC

Clinical Supervisor

**Therapeutic Youth Mentoring** – One-on-one mentoring to help teach children how to manage their moods, problem solve, develop social skills, increase self-esteem, practice following instructions, learn responsibility for their actions, and other healthy living traits.

# County Planning Board, Fergus County

Pamela Vosen 712 W Main Suite 210 Lewistown, MT 59457 406-535-9046 pvosen@co.fergus.mt.us

Provides information on zoning, flood plains, grant writing, rural addressing, variances, and conditional uses. They are in charge of zoning, addressing, road encroachment and sign permits.

### Crime Stoppers, Central Montana

307 W Watson St PO Box 462 Lewistown, MT 59457 406-538-2746

Crime prevention and crime detection. Offers rewards for information pertaining to a crime that leads to an arrest.

### **Deaconess Billings Clinic**

2825 8<sup>th</sup> Avenue N #4 Billings, MT 59101 406-238-2500

Full service hospital with 24-hour care, emergency air, ground transport and trauma center.

### **Deaf and Blind Technology**

www.icanconnect.org/montana

1-800-825-4595

The mission of I Can Connect is to ensure that every person with combined hearing and vision loss has access to modern telecommunication tools and the training necessary to use them. May assist with testing and equipment.

#### **Department of Motor Vehicle**

Phone: (866) 450-8034

Web: <a href="http://dojmt.gov/driving/">http://dojmt.gov/driving/</a>

Call or go online to schedule your Motor Vehicle needs for the State of Montana.

# <u>Developmentally Disabled, CMMC Social Services</u>

408 Wendell Avenue Lewistown, MT 59457 406-535-6322

The group provides Case Management Services for adults with developmental disabilities. Assessment planning, monitoring and providing advocacy services for individuals with developmental disabilities.

Roundup: 323-2777

### **Disaster and Emergency Services**

121 8<sup>th</sup> Avenue South Lewistown, MT 59457 406-535-8118

www.co.fergus.mt.us

DES is responsible for coordinating an emergency services system, which includes all four phases of emergency management: mitigation, preparedness, response, and recovery.

# **Dislocated Worker**

Lewistown Job Service Workforce Center Central Montana Education Center 773 Airport Rd 538-8701

Provides clients with services who have been laid off or received notice of termination or layoff from employment due to a permanent closure or have had mass layoffs at their place of employment due to economic conditions (seasonal layoffs DO NOT QUALIFY).

#### **District 6 HRDC**

**Programs** 

LIHEAP - Low Income Energy Assistance Program	WIOA Employment Training Programs
Energy Share	Weatherization
WIC - Women, Infants & Children's Nutrition	Clearinghouse Connections
Section 8 Rental Assistance	WIOA Adult Education
Pathways	

300 1st Avenue N Suite 203 Email: cmhrdc@midrivers.com www.hrdc6.org

Lewistown, MT 59457

406-535-7488 / 1-800-766-3018 Fax: 406-535-2843

For program description and eligibility, refer to specific program within this guide.

#### **Domestic Abuse Hotline**

1-800-799-7233

### **Driver's Licensing and Exam, MDOT**

1620 Airport Rd Lewistown, MT 59457 1 (866) 450-8034

Provides driver's license and driver's exam services. Call to schedule or go on-line: https://doimt.gov/driving/driver-licensing/

### **Driver's Licensing and Exam, MDOT, Roundup**

Ambulance Barn

1st, 2nd and 4th Wednesdays monthly from 9 AM to 3 PM.

1 (866) 450-8034

Provides driver's license and driver's exam services. Call to schedule or go on-line: <a href="https://doimt.gov/driving/driver-licensing/">https://doimt.gov/driving/driver-licensing/</a>

### **DUI Task Force**

Provides the Safe Server Training, information on preventing impaired driving and crashes. Lewistown Police Department – 406-535-1800

# **Easter Seal Society Goodwill**

1130 16<sup>th</sup> St W Billings, MT 59102 Hours: 8:00-5:00 M-F 406-252-9600

Vocational services, offers employment & training for people with disabilities and disadvantages. Equipment loan, wheelchairs, walkers, crutches, lifts, commodes on short-term basis. Infant car seat rentals, Kids on the Block Puppet program.

## <u>Easter Seals Goodwill Senior Employment Program (SCSEP)</u>

Easter seals-Goodwill provides transitional employment services through the Senior Community Service Employment Program (SCSEP). This program offers training opportunities to low-income adults age 55 and older in the states of Idaho, Montana, Utah and select eastern Oregon counties who wish to re-enter the workforce. It allows participants to overcome barriers to employment by gaining real-world work experience at non-profit and community service organizations, called "host agencies," in the community.

https://www.esgw.org/scsep/ Montana call: 406-493-2408

# **Educational Opportunities for Central Montana**

773 Airport Road Lewistown, MT 59457 406-535-9022

**University of Providence Great Falls** 

(800) 856-9544 <a href="https://www.uprovidence.edu/">https://www.uprovidence.edu/</a>

# **Educational Opportunity Center (TRiO Program)**

2100 16<sup>th</sup> Avenue S Great Falls, MT 59405 406-771-4326 or 1-800-446-2698

**Contact: Marty Foxman** 

Provides counseling for individuals who want to further their education. Offers information on financial aid, assistance with college admissions, scholarship information, and works with defaulted student loans.

# **Employment Training Services:**

See WIOA

#### **Energy Share**

DISTRICT 6 HRDC www.hrdc6.org Email: cmhrdc@midrivers.com 300 1st Avenue. North Suite 203 Lewistown, MT 59457 406-535-7488 or 800-766-3018

Assists with energy emergencies and emergency furnace repair.

### Family Planning (Central Montana)

300 1<sup>st</sup> Avenue N Suite 202 Lewistown, MT 59457

Sue Irvin 406-535-8811 or 877-421-8646

director@cmtfp.org Web: www.cmtfp.org

Charges are on a sliding fee scale based on income & family size.

Physical Exams	Cancer Screening
STD/HIV Screening	Free Condoms
Sharp Containers: Drop off and pick up	Pregnancy Testing
Birth Control	Diapers and Wipes/Prenatal Vitamins

Provides male and female Sexually Transmitted Disease (STD) screening and treatment, HIV testing and counseling. Provides men, women and teen's health care, breast exams, pelvic exams, pap smears, premarital blood testing, pregnancy testing, counseling, urine testing and blood pressure screening. Hematocrit. Montana Cancer Screening Program including free mammograms, clinical breast exams, pelvic, pap smears, and colorectal screening. Provides contraceptive counseling and supplies and community educational services.

# **Families United**

PO Box 227 Lewistown, MT 59457 406-538-7731

Empowers families to problem solve, express themselves in a sociable manner, to raise their self-image, to build their self-esteem, focus on their strengths, to improve in their weak areas. Advocate for both the family and community, offer strengths assessments, crisis intervention, evaluations and goal planning. Parenting Education classes and one-on-one parenting classes available.

### Fergus County Health and Environmental Health

712 W Main St. Lewistown MT 59457

https://co.fergus.mt.us/health-department-environmental-health

Nurse's Office 406-535-7433 Suite 102

Family Planning – 406-535-8811 (300 1st Ave N suite 202)

Sanitarian – Licensed Establishments 406-570-7546 Suite 101

Sanitarian - Septic & Waste Water Permits 406-380-0952 Suite 101

Vehicle Recycling Program - 406-535-5119

#### **Fergus County Loan Closet**

712 W. Main (In the Fergus County Nurse's Office) Lewistown, MT 59457 406-535-7433

Loans medical equipment for up to a 3-month period for a nominal fee. Equipment includes walkers, bedside commodes, wheelchairs, crutches, canes, bathroom assistive equipment, and grabbers. Sponsored by the VFW.

### **Fergus County Nurses Office**

712 W Main Lewistown, MT 59457 406-535-7433

Immunizations	Cribs-Safe Sleep Program	Car Seats and Car Seat Checks
Head Lice Checks	High Risk Infant Checks	Suture and Staple removal
Preventative Health Education	Flu Clinics	STREP/Lead testing
Alcohol & Drug screen testing	Blood Pressure monitoring	Health Assessments
Tobacco Prevention Program		

# Fergus Electric Cooperative

84423 US Hwy 87 Lewistown, MT 59457 406-538-3465 Hours M-F 8-5.

Provides electric service to rural consumers in a 13 county area. Access to an energy library and numerous booklets and pamphlets on energy and electric-related topics is available. There are also Safety High Voltage Demonstration classes for contractors, schools and anyone who wants high voltage safety instruction.

# Fire Departments all Communities call: 911 for emergency

The non-emergency numbers are: **Lewistown:** 305 W Watson

305 W Watson 406-535-1780

Roundup: Bull Mountain Volunteer

406-323-3864 Roundup Fire Hall 406-323-2804

Harlowton: 1st & Main 6 1 SE

406-632-4258

**Stanford:** 406-566-2212

#### Food Banks:

	318 West Broadway Lewistown MT	Open 9 am to noon Thur. 5:30 to 8:00 pm Monday - Friday	Closed holidays and weekends
	Judith Basin County Courthouse Stanford MT	Open the 3 <sup>rd</sup> Tuesday of every month 3:30 to 5:00	Contact 406-566-2613
,	113 7 <sup>th</sup> Ave West Roundup MT 59072	Open Thursday and Friday from 9:00 to 1:00	Contact 406-323-2810
Wheatland County Food Bank	Federated Church of Harlowton 15 1st NW Harlowton MT 59036	Emergency Food Bank oper Wednesday 5:00 to 6:00	Contact 406-632-4228

### Food Stamps, see SNAP

Office of Public Assistance 312 Birch Suite 1

888-706-1535

#### **HRDC**, District 6

Lewistown, MT 59457

Please refer to District 6 HRDC in this guide.

# Harmony House, Homeless Youth Transitional Living

7 N 31<sup>st</sup> St. Billings, MT 59103 406-247-4732

On site transitional living for homeless, pregnant or parenting women, 18 – 21 years of age.

### **Head Start (Central Montana)**

25 Meadowlark Lane or 204 7<sup>th</sup> Avenue W Lewistown, MT 59457 Roundup, MT 59072 406-535-7751 or 800-766-3028 406-323-3655

Provides free pre-school program for children ages 3-5 and their families based on income eligibility. Also provides services in the areas of health, nutrition, education and social services to all Head Start families. Operates August through May. Offers <u>car seats</u>, <u>infant seats</u>, <u>to booster seats</u> at a cost savings to families by appointment.

# **Health Insurance: The Affordable Care Act**

#### **ACA Marketplace Navigators:**

#### FERGUS AND JUDITH BASIN COUNTIES:

Teresa Schnur – CMMC 406-535-6277 tschnur@cmmccares.com Jennifer Granot – CMMC 406-535-6276 jgranot@cmmccares.com

#### MUSSELSHELL, PETROLEUM & GOLDEN VALLEY COUNTIES:

Kristinna Newman 406-323-2301, knewman@rmhmt.org

#### WHEATLAND COUNTY:

Tina Barnhart – Wheatland Memorial 406-632-3206 tina.barnhart@wheatlandmemorial.org

ACA APPLICATION COUNSELOR: Lewistown: Central Montana Community Health Center 406-535-6545

# **Hearing Aid Assistance Programs**

Lions Clubs International - www.lionsclubs.org or 1-800-747-4448

Help American Hear – www.foundationforsightandsound.org or 1-631-366-3461

HearNow - www.sotheworldmayhear.org/hearnow or 1-800-328-8602

Sertoma - www.sertoma.org or www.HearingCharities.org or 816-333-8300

Audient - www.audientalliance.org or 877-283-4368

TrAvenuelers Protective Assn of America - www.tpahq.org or 341-371-0533

For a complete list see www.betterhearing.org click on Resources, then Financial Resources

# **Heart of Montana See Animal Shelters**

#### **Highway Patrol**

1-800-525-5555

### Home Care Services/Hospice, CMMC

408 Wendell Avenue www.cmmccares.com Lewistown, MT 59457 406-535-6302 or 406-535-6307 7:30-12:00 and 1:00-4:30

Home Care provides multiple services supervised by your physician that enable you to stay home while recovering from an illness or injury or when suffering from a long term or terminal illness. Central Montana Medical Center Home Care Services has been providing care in Central Montana since 1984. We are a not-for-profit, community based organization, dedicated to providing quality health care to the people of central Montana. We offer a variety of services in the home and community setting:

Home Health CarePersonal Care Assistance Medical Alert (Med-Alert)Home Medical EquipmentPrivate Duty NursingHome Oxygen

### <u>Homeless Assistance-Hygiene</u>

Lewistown: Civic Center at 309 5<sup>th</sup> Avenue S. 535-3045 will allow individuals to take showers in the shower room in the basement for a \$2.00 charge. No towels provided. (If the individual has no money, they will let them have a one-time use free of charge).

## **Hospice of Central Montana**

408 Wendell Avenue Lewistown, MT 59457 406-535-6302 or 406-535-6307

A community based program providing supportive services to terminally ill persons and their families in their own home, defined as wherever the person is residing, i.e., own home, nursing home, hospital, etc. Services are according to need and availability.

### **Hospitals and Clinics**

See Benefis Health Care, Great Falls

Benefis Health Care Addiction Medicine Center, Great Falls Central Montana Community Health Center, Lewistown

Central Montana Health District, Lewistown Central Montana Medical Center, Lewistown

Deaconess Billings Clinic, Billings

Fergus County Nurse's Office, Lewistown

Mental Health Center, Lewistown Rimrock Foundation, Billings

Rocky Mountain Treatment Center, Great Falls

Roundup Memorial, Roundup Shodair Children's Hospital, Helena

St. Vincent's, Billings

Total Family Care, Lewistown

Wheatland Memorial Health Care, Harlowton

### Housing Emergency Services, DISTRICT 6 HRDC

DISTRICT 6 HRDC 300 1<sup>st</sup> Avenue North Suite 203 Lewistown, MT 59457 406-535-7488 or 800-766-3018

www.hrdc6.org cmhrdc@midrivers.com

Services include emergency rent that depends on availability of funding.

### Housing, Other

**Section 8 Rental Assistance** 

**DISTRICT 6 HRDC** Email: cmhrdc@midrivers.com

300 1st Avenue North Suite 203 www.hrdc6.ora

Lewistown, MT 59457

406-535-7488 or 800-766-3018

Provides assistance with monthly rent payments. Eligibility based on family size, income and resources. There is a wait list for services.

Homes on the Range - low income, disabled or other eligible populations 902 3rd St E

Roundup, MT 59072 406-323-1291

**Billings Housing Authority Judith Basin Manor - Stanford** 2415 1st Avenue N. 406-781-5586 (Carla)

Billings, MT 59101 406-245-6391

J & D Apartments (Boulevard & Pinecrest Apts) 406-670-4178

Lewistown, MT

**Lewistown Apartments (subsidized)** 406-538-2211

Lewistown, MT

Meadows Apartments (subsidized for seniors and/or people with disabilities 406-538-8532

**Ouellette Apartments, (subsidized)** 406-535-6490 or 406-350-0331

Lewistown, MT

### **Human Rights Bureau**

1625 11th Avenue P.O. Box 1728 Helena, MT 59624-1728

406-444-2884 or 1-800-542-0807

The Montana Department of Labor and Industry is the state agency that enforces Montana's discrimination laws. The Human Rights Bureau of the Department receives and investigates complaints of illegal discrimination.

### **Inspire Pregnancy Outreach Center**

108 6th Ave N https://inspireoutreachcenter.org

Lewistown, MT 59457 406-535-3511 call or text anytime

Center open every Tuesday 11:30am-6pm, Saturdays 11:30 am to 2 pm (any other time, by appointment)

Provides personal and practical assistance to persons who are faced with a pregnancy that demands crucial and difficult decisions. Provides information on possible side effects on an unborn child if the mother is exposed to a particular drug or substance during pregnancy. Also answers breast-feeding questions.

# Job Corps

https://recruiting.jobcorps.gov

Counties: Fergus, Judith Basin, Petroleum, Wheatland Counties: Musselshell Golden Valley

1601 Second Avenue North, #550 2121 Rosebud Dr. Suite B Great Falls, MT 59401 Billings, MT 59101

406-727-5393 406-259-2756

Job Corp provides occupational exploration; world of work and social skills training; competency-based vocational and basic education to economically disadvantaged youth 16-24 years of age. Occupational trades offered include construction, automotive mechanics and repair, business and clerical, retail trades, health occupations, computer occupations and culinary arts.

### Job Service

Counties: Fergus, Judith Basin, Petroleum, Wheatland Central Montana Education Center 773 Airport Rd Lewistown, MT 59457 406-708-7024

Christine.solheim@mt.gov lewistownjsc@mt.gov Counties: Musselshell, Golden Valley 2121 Rosebud Dr. Billings, MT 59102 406-652-3080

Provides employment services (registration, referral, testing, and job placement). Provides services through WIA and Targeted Job Tax Credits, employer services, Title 1B WIA Dislocated worker; Rapid Response; TAA/TRA; Alien Certification. Computers available with internet access for job searching.

### **Judith Basin County Food Bank**

Judith Basin County Courthouse
Stanford, MT
Open 3<sup>rd</sup> Tuesday of every month from 3:30 to 5 pm.
Contact Daley Hall
406-566-2613

### Justice of the Peace, Lewistown

121 8<sup>th</sup> Avenue South Lewistown, MT 59457 406-538-5418

The courts purpose, procedure and jurisdiction are set by statutory mandates and Montana and local rules of Court. The City Court has jurisdiction over criminal misdemeanors, traffic citations and city ordinances, which include dog tickets, parking tickets and curfew violations.

### Justice of the Peace, Roundup

City Office Roundup, MT 59072 406-323-1078

### Juvenile Probation, 10th Judicial District

523 W Main St Lewistown, MT 59457

Phone: 406-535-9242 FAX: 406-535-7512

Counties: Fergus, Judith Basin and Petroleum

Works with any youth under the age of 18 who commits a criminal offense.

## Juvenile Probation, 14th Judicial District

506 Main St Roundup, MT 59072 406-323-1701

Counties: Musselshell, Golden Valley, Wheatland and Meagher

Works with any youth under the age of 18 who commits a criminal offense.

# Katie's House

825 West Main St Lewistown MT 59457 406-380-0459

saltcreekministrieskh@gmail.com

Katie's House is a Christ Centered transitional living house for women who have graduated or completed a rehabilitation program.

## Kiwanis Club, Lewistown

312 SW Maple Lewistown, MT 59457 Dixie Denton 406-535-7478 Fergus Federal Credit Union

Mainly interested in youth projects. Provides yearly scholarships to graduating seniors. Maintains Kiwanis RV Park & Rest Area. Assists with various community projects.

### **Knights of Columbus**

St. Leo's Parrish Center 102 W Broadway Lewistown, MT 59457 406-538-9433 or 406-350-0154 Layne Krumwiede

Catholic male service organization to the community. Provides manpower and assistance to development projects.

### **Lawyer Referral Services**

State Bar of Montana
7 West 6<sup>th</sup> Avenue Suite 2B
P.O. Box 577
Helena, MT 59624
406-442-7660 Information regarding referrals to legal services.

#### **LDS Family Services**

2620 Colonial Drive Suite D Helena, MT 59601 406-443-1660 or 1-866-530-9143 fam-mt@ldschurch.org

Kevin Beecher

Counseling for any girl who is pregnant and unmarried, or a couple with an unwanted pregnancy, child, others closely involved in the lives of those experiencing a problem pregnancy. Services include discussion of alternatives and decision-making, medical care and prenatal instruction, housing, legal assistance, placement services. USE TOLL FREE NUMBER FOR WEEKENDS.

# **Learning Resource Center**

215 7<sup>th</sup> Avenue South Lewistown, MT 59457 406-538-9012

Educational services for children ages 3-21 who are handicapped and providing pre-school screening for children ages 0-5.

### **Legal Services**

MLSA Montana Legal Services Association Billings Office 207 North Broadway Suite 430 1-800-666-6899

www.MTLSA.org

Billings, MT 59101 406 248-7113

MontanaLawHelp.org

1-800-666-6899

Practical, easy to understand information about your legal rights. See Also: **Self Help Law Library** located in Billings Montana.

# <u>Legal Chat Navigators (Lewistown)</u>

Attorneys are available for questions at Fergus County Courthouse at 712 W Main, Lewistown. Wednesdays 8am to 9am

### **Libraries**

Denton Public Library

PO Box 986 Denton, MT 59430

567-2571

Harlowton Public Library
13 South Central Avenue

PO Box 663

Harlowton, MT 59036-0663

406-632-5584

**Hobson Community Library** 

222 Central Avenue

PO Box 393

Hobson, MT 59452 406-423-5453

**Lewistown Public Library** 

701 W. Main St.

Lewistown, MT 59457

406-538-5212

**Moore Public Library** 

403 Fergus Avenue

Moore, MT 59464

406-374-2364

Winifred & Dorothy Asbjornson

Community Library 110 Main Street

PO Box 181

Winifred, MT 59489 406-462-5425

Stanford & Judith Basin Counties Free Library

19 Third Street North

PO Box 486

Stanford, MT 59479-0486 406-566-2277 Ext 123

**Roundup Community Library** 

525 6th Avenue West Roundup, MT 59072

406-323-1802

**Winnett & Petroleum Counties** 

Community Library 205 South Broadway

PO Box 188

Winnett, MT 59087-0188

406-429-2451

# **LIHEAP - Low Income Energy Assistance Program**

DISTRICT 6 HRDC www.hrdc6.org

300 1st Avenue North Suite 203

Lewistown, MT 59457

406-535-7488 or 800-766-3018

Assists eligible households with winter heating bill and emergency furnace repair. Payments made directly to the utility vendor. Owners and renters alike may apply for this program between October 1<sup>st</sup> and April 30<sup>th</sup>. Resource guidelines apply.

Email: cmhrdc@midrivers.com

# <u>LIFTT – Living Independently for Today and Tomorrow</u>

3333 2<sup>nd</sup> Avenue N #100 Billings, MT 1-800-669-6319

Works with people with disabilities so they can live independently and have access to the community. LIFTT staff, most of whom have disabilities, serve as mentors to people as they work to achieve the goals they have set for themselves.

# **Lions Club**

Lewistown, MT 59457 406-538-6844 Robin Wagner robbinw@midrivers.com

#### Roundup: Lions meets on the 1st and 3rd Tuesday at 6 pm at the Busy Bee Café

Primary focus is sight preservation. The group sponsors some scholarships for youth that will attend a vocational tech/trade school. Also assists with funding the Lewistown Sea Lions, maintaining parks, cleaning, collects used eyeglasses and hearing conservation (hearing aids).

# **Love Inc. (Heart of Montana)**

214 West Main St. Ste 201 M-W 9:00 to 1:00 pm

406-535-Love (5683) on Facebook

Our vision is to see Christian churches united in purpose & fully engaged in actively living out their faith by lovingly serving people in need in their community.

#### **Lutheran Social Services**

**Crisis Pregnancy Center Lutheran Social Services** PO Box 1345

Great Falls, MT 59403 406-761-4341

United Way funded agency. Provides pregnancy/adoption counseling, support and future planning, consultation and referrals and follow-up. Problem solving and needs assessment. Hours: M-F, 8 – 5.

#### Make A Wish-Montana

Make-A-Wish is a non-profit organization that grants the wishes of children with life-threatening medical condition to enrich the human experience with hope, strength and joy.

Fax: 1-406-252-2157 Toll Free: 1-877-574-9474

www.montana.wish.org email: Montana@wishworld.org

175 N 27th St Suite 1214 Billings, MT 59101

#### **Medicaid**

Office of Public Assistance 312 Birch St Suite 1 Lewistown, MT 59457 Statewide contact number 888-706-1535

Provides assistance with medical bills, prescriptions, Medicare premiums and Medicare deductibles. Medicaid is for people who have children under the age of 19 in their home, pregnant women, blind, disabled as determined by Social Security, age that is 65 years or older or receiving Supplemental Security Income (SSI).

### Medicaid Waiver HCSB (Home & Community Based Services) Program

**Central Montana Medical Center Case Management** 

408 Wendell

Lewistown MT 59457 406-535-6297

Providing a variety of services to eligible residents in Fergus, Golden Valley, Judith Basin, Musselshell, Petroleum, Phillips, and Wheatland counties.

### Medicare

800-633-4227

Hours: M-F 9 AM to 3:30 PM.

Answers questions about Medicare Health insurance coverage.

### <u>Mental Health Center</u>

212 Wendell Avenue. Lewistown, MT 59457 406-538-7483 or 800-266-7198 www.mentalhealthcenter.com (Main Office Billings)

Wendy Goffena MSW LCSW wgoffena@scmrmhc.org

The center provides confidential counseling to children, adolescents and adults for both individual and family problems as well as assessment, treatment and intervention assistance. Also available are case management services for adult, psychiatric consultations and case consultations to community management care. Outpatient Chemical Dependency (CD) counseling, Minor in Possession Class, Group CD treatment and Prime for Life Class are also offered. Video Conferencing with psychiatrists/counselors is available.

### Mental Health, Roundup

26 Main Roundup, MT 59072 406-323-1142

Provides confidential counseling to children, adolescents and adults for both individual and family problems. Office open Monday through Wednesday 8 AM to 5 PM.

### Mental Health, Roundup

Dr. Christina Ouiljano, Psychiatrist

Phone: 406-323-4002

#### **Ministerial Association**

Lewistown

fpclwtn@midrivers.com

Roundup: Pastor Iverson, Emmanuel Baptist Church, 406-323-2817

Harlowton: Pastor Jerry Collins, 406-632-4228

#### **Montana 211**

Montana 2-1-1 is here to help connect Montanans with the community resources and assistance they need. We provide a list of resources through our website or by calling 2-1-1 if you are away from a computer or do not have access to the Internet.

http://www.montana211.org/index.php

#### **Montana Able**

1-888-609-3461 mt.clientservice@savewithable.com

PO Box 219234

Kansas City MO 64121-9781

Giving those with disabilities the ability to save. New Montana ABLE helps individuals save, while preserving their SSI and Medicaid.

### **Montana American Legion**

407 1<sup>st</sup> St E Roundup, MT 59072 406-323-1019

Provides shoes for children and community support for medical emergencies.

# Montana Assistive Technology

Rural Institute MonTECH Program 700 SW Higgins Avenue Suite 250

Missoula, MT 59803 406-243-5751 or 1-877-243-5511

Email: montech@ruralinstitute.umt.edu www.montech.ruralinstitute.umt.edu\

Resource Center for assistive technology (AT) including devices, information, training, evaluation and other AT related supports for Montanans. <a href="https://www.iocanconnect.org">www.iocanconnect.org</a> 1-800-825-4595

### **Montana Law Help**

Visit <u>www.montanalawhelp.org</u>
Free legal forms and information.

### **Montana Legal Services Association**

1-800-666-6899

The best way to find out if MLSA can help someone is for them to apply:

Anytime online at - https://www.mtlsa.org/

By calling our Helpline at 1-800-666-6899, Monday through Friday, 9am to 1pm.

# Montana Primary Care Association

Provides information regarding health care availability in Montana <a href="https://www.mtpca.org">www.mtpca.org</a> Phone: 406-442-2750

# Montana Relay - Dial 711

Makes it possible to make phone calls between a standard telephone and a text telephone (used by persons who are Deaf, severely hard of hearing, or who have a speech disability). An operator will "translate" between the two different phones, speaking aloud whatever is typed so the standard phone user can hear it, and typing whatever is said so the text telephone user can read it. Montana Telecommunication Access Program (MTAP) also distributes special phone equipment if someone has problems understanding when making or receiving calls.

#### **MSU Extension Service**

Fergus County (Including Petroleum) 712 W Main Street Lewistown, MT 59457 406-535-3919 www.co.fergus.mt.us	Musselshell County 24 Main Roundup, MT 59072 406-323-2704
Wheatland County Courthouse	Judith Basin County Courthouse
Harlowton, MT 59036	Stanford, MT 59479
406-632-4728	406-566-2277

Educational resources dedicated to improving the quality of people's lives by providing research-based knowledge to strengthen the social, economic and environmental well-being of families, communities and agricultural enterprises.

### Montana Telecommunications Access Program (MTAP)

111 North Last Chance Gulch Helena, MT 59604 1-800-833-8503 1-406-444-1335

Makes it possible to make phone calls between a standard telephone and a text telephone (used by persons who are deaf, severely hard of hearing or who have a speech disability). An operator will translate between the two different phones, speaking aloud whatever is typed so the standard phone user can hear it, and typing whatever is said so the text telephone user can read it. Montana Telecommunication Access Program (MTAP) also distributes special phone equipment if someone has problems understanding when making or receiving calls.

### Montana Youth Challenge Academy

Admissions Department 790 E. Cornell St Dillon, MT 59725 1-877-367-6927

Assists at-risk Montana youth ages 16-18 in developing skills and abilities necessary to become productive citizens through focusing on the physical, emotional and educational needs of the youth within a highly structured environment. Services are provided at no cost to Montana families.

### **Musselshell Council on Aging/ Food Bank**

113 7<sup>th</sup> Ave West Roundup, MT 59072 Larry Isle 406-323-2015

Provides emergency food for a 3-5-day period. Senior's commodities first Monday of the month. Cupboard is open Thursday and Friday from 9am-1pm.

### My Neighbor In Need

See Your Neighbor Cares

### NAMI (National Alliance on Mental Illness) MONTANA

(406) 443-7871 1331 Helena Ave. Helena, MT 59601

Local contact: Janette Warner (406) 350-2004

NAMI Montana is the Montana chapter of the National Alliance on Mental Illness (NAMI). NAMI is the nation's largest grassroots organization for people with mental illnesses and their families. Founded in 1979, NAMI has affiliates in every state and in more than 1,100 local communities across the country.

We are also available via email at <a href="http://www.namimt.org/">http://www.namimt.org/</a>

### **Narcotics Anonymous**

<u>Lewistown</u>
First Presbyterian Church Friday 6 pm
215 5<sup>th</sup> Avenue S Sunshine Room
Lewistown MT 59457

Roundup
Busy Bee Café Tuesdays 9 am
317 1<sup>st</sup> Avenue W
Roundup MT 59072

#### **NeighborWorks Montana**

509 1<sup>st</sup> Avenue S Great Falls, MT 59401 406-761-5861 or 1-800-587-2244

Provides information and assistance on purchasing a home including down payment and closing costs.

### Nurse's Office, See Fergus County Nurses Office

#### **Nurse Advice Hotline**

1-844-811-7358 Central Montana Medical Center

### Nursing Homes-Assisted Living

CMMC Skilled Nursing Home – 406-535-6225 State of MT Skilled Nursing Center – 406-538-7451 Valle Vista – 406-538-8775 The Villa – 406-538-3758 Roundup Memorial – 406-323-2301 Wheatland Memorial – 406-632-4351 New Horizons – 406-538-9853 Judith Gap Home from Home – 406-473-2206 Shepherd's Way – 406-538-3610

#### Office of Public Assistance

312 Birch St Suite 1 Lewistown, MT 59457 State Wide Help Line 1-888-706-1535

Provides economic assistance through TANF financial assistance, SNAP, and Medicaid.

# One Health (Big Horn Valley Health Canter)

311 W Main St Lewistown, MT 59457 406-535-6545

#### https://www.onechc.org/centralmontanachc

Our mission is to improve the wellbeing of everyone by providing accessible, quality health care for the whole community. We treat each person individually and holistically. Our integrated care model has been recognized throughout the state and combines medical and behavioral health care under one roof.

#### Services Programs

Wellness and Preventative Care	Medication Assistance Programs
Prenatal and Obstetric Care	Health Improvement Program
Dental Services	Patient Centered Medical Home
Newborn and Pediatric Care	Affordable Care Act
Mental Health Services	
Chronic Disease Care	

# Parents, Let's Unite for Kids (PLUK)

516 N. 32<sup>nd</sup> St Billings, MT 59101-6003 800-222-7585 or 406-255-0540

Provides information for families of handicapped children about parents and children's rights, disabilities and services available for handicapped in Montana. Distributes a newsletter to parents, assisted technology, computers and information.

#### **PATHWAYS**

DISTRICT 6 HRDC 300 1st Avenue North Suite 203 Lewistown, MT 59457 406-535-7488 or 800-766-3018 www.hrdc6.org

Email: <a href="mailto:cmhrdc@midrivers.com">cmhrdc@midrivers.com</a>

Program focuses to ensure families are meaningfully engaged to accomplish their goals related to family stability, employability, and financial security. Families are engaged in activities to support their journey to self-sufficiency that make sense for their personal or family circumstances.

#### Pet Assistance League (PAL)

Metis and Crowley at the Water Treatment Plant Lewistown, MT 59457 406-535-2990

Animal control facility for the city of Lewistown in Fergus County. We provide shelter for owner surrendered pets, strays and abandoned animals.

#### **Poison Control**

800-555-1222 24-hour service

Provides toll-free information regarding all poisonous substances, whether swallowed, inhaled or absorbed, along with general information.

### Police, Lewistown, 911 (Also see Sheriff)

305 W Watson St Lewistown, MT 406-535-1800

Provides emergency service, law enforcement and ambulance dispatch services.

### **Pregnancy Care Center**

See Inspire Pregnancy Outreach Center

# <u>Public Services Commission</u>

1701 Prospect Avenue. Helena, MT 59620 406-444-6199

Hears complaints against utilities regulated by the Public Service Commission; i.e. Montana Power, Montana Dakota Utilities, etc.

# Rape Task Force

Billings, MT 406-657-8210

If the Rape Task Force cannot be reached, call the National Sexual Assault hotline at (800) 656-HOPE

# Rapid Response

Lewistown Job Service Workforce Center 300 First Avenue North Suite 203 Lewistown, MT 59457 406-538-8701

Employers who are experiencing a large layoff or downsizing can have their employees receive important information while still on the job. Title 1 Dislocated Worker is part of the Workforce Investment Act. The goal of the program is to help the dislocated (laid off) workers become re-employed by providing training to upgrade job skills or relocation assistance to a new job site. Seasonal lay-offs are not included.

### Recreation Dept.

305 W. Watson Lewistown, MT 59457 406-535-3045 Jim Daniels (Parks & Recreation Director) jdaniels@lewistown.k12.mt.us www.cityoflewistown.com

Offers a wide range of youth and adult activities, free use of the Civic Center, a rifle and archery range, lockers, a sauna, dancing, game room, gymnasium, swimming pool, city parks, roller skating and cross country skiing. Open to new ideas and suggestions. Rooms are available for rent for organizations or individuals. No charge for non-profit organizations.

# Rental Assistance, see Housing or Section 8

## Retired and Senior Volunteer Program (RSVP)

**South Central Montana RSVP** 

Lewistown, MT 59457 Phone: 406-535-0077 rsvplew@midrivers.com lewistownrsvp@gmail.com

Roundup: Shirley at 315 Main, Roundup, 406-323-1403 Find us with Facebook at - South Central MT RSVP Lewistown

RSVP helps place volunteers where there is a need and arranges any necessary training. Positions are open to any adult.

RSVP provides information and placement for people 55 and older, and only information to younger adults.

#### **Rimrock Foundation**

1231 North 29<sup>th</sup> St. comm@rimrock.org Billings, MT 59101 www.rimrock.org 800-227-3953

Provides treatment for addictive disorders. Outpatient and residential treatment for alcohol and drug co-dependency, gambling and sexual addiction. Also provides medical and detoxification services.

#### **Rocky Mountain Treatment Center**

920 4<sup>th</sup> Avenue North Great Falls, MT 59401 800-521-6575 or 406-727-8832

Treatment facility for drug and alcohol addictions, co-dependency, eating disorders and gambling addictions. In and outpatient facility. Provides intervention and counseling. Accepts insurance. EMERGENCIES CALL ANYTIME.

### **Roundup Memorial Healthcare**

1202 3rd St W Roundup, MT 59072 406-323-2301 – Hospital

Clinic - 406-323-3337

Monthly Specialty Clinics: Orthopedic, Podiatry, Audiologist.

### Roundup Kids Club

600 1<sup>st</sup> St W Roundup, MT 59072 406-323-1512

Provides after school tutoring and activities at no cost to school grades K-6 from 3:30 pm to 6pm.

### **Rural Development USDA**

**Billings** 

www.rurdev.usda.gov 1629 Avenue D. Bldg. A

Billings, MT 59102 406-657-6297 Ext. 4 **Great Falls** 

www.rurdev.usda.gov

12 3<sup>rd</sup> St. NW Suite 300 Great Falls, MT 59404 406-727-7580 Ext. 4

Fax 866-574-1071

Counties: Judith Basin, Fergus, Petroleum, and Golden Valley

#### **Bozeman Area Office and State Headquarters**

www.rurdev.usda.gov

2229 Boot Hill Court Bozeman, MT 59771

(406) 585-2530 Bozeman Area Office

(406) 585-2580 State office

**Counties Served: Musselshell** 

Counties served Golden Valley & Wheatland

Home Loans and & Loan Guarantees• Home Repair Loans & Grants• Business Expansion Loans• Energy Efficiency Improvement Grants• Value-Added Grants• Water & waste water infrastructure loans• Public Safety & Health Loans• Broadband Telecommunications• Rec centers, Schools, Public facilities

Ensuring that rural Americans have quality housing, good jobs, clean drinking water and reliable, modern utility services has been, and remains a top priority.

### **Rural Dynamics**

Jessie Murray 2022 Central Avenue. PO Box 2326 Great Falls, MT 59403 www.RuralDynamics.org

Provides the following services: Credit, Builder, Debt Management, Financial Education, Financial Coaching, Loan Services, Tax Assistance and Financial Training. Also provides volunteer opportunities for individuals who want to become tax preparers.

### **Rural Employment Opportunities - REO**

REO Montana 2121 Rosebud Dr Stop B Billings, MT 59102 Fax: 406-437-2382

**Rural Employment Opportunities** 

1-800-546-1140

www.reomontana.org Facebook: https://www.facebook.com/REOCentralMontana

Provides supportive services, on the job training, work experience and employment skills classes for seasonal and migrant farm and ranch workers. Maintains monthly appointments in Lewistown.

# Rural Institute, University of MT

Offering programs to assist Montanans in issues relating to disabilities including:

Child Care Plus – Expanding child care options for children with disabilities

**Montana Deaf and Blind Project** – To increase capacities of service providers, educators and families to support infant, young children, youth, students who are deaf-blind.

**Montana Disability and Health Program** – to assess, monitor, improve and maintain heath of Montanans with disabilities. **MonTECH – MT Assistive Technology Program** – Resource for assistive technology, devices, demonstrations, training and evaluation

RTC: Rural – Rural and Training Center on Disabilities – Provide research to improve the ability of persons with disabilities to live independently in rural America. (Continued on next page)

**Transition and Employment Project** – Create and disseminate information on transition services for youth with disabilities, customized employment using Social Security Work Incentives and other related topics.

Contact: University of Montana, Corbin Hall, Missoula, MT 59701

www.ruralinstitute.umt.edu 1-800-732-0323 or 406-243-5467

### Saint Vincent Hospital Health Care Center/Intermountain Healthcare

1233 North 30<sup>th</sup> St Billings, MT 59101 406-657-7000

Full service hospital with 24-hour care. 24-hour emergency medical response at 800-jet-help. Also provides Ask-A-Nurse program.

# Salvation Army

Fergus County Area 406-366-2982 (Leave a message and your call will be returned as soon as possible) Musselshell County 1-951-345-8412

Assists needy people with unforeseen emergencies, providing assistance with meals, lodging, medicine, and bus tickets. Gas assistance is also available with proof of insurance and valid driver's license.

### SAVES (Spouse Abuse Victim Emergency Service)

Lewistown, MT 59457 Satellite Office Roundup Area: Stanford:

 406-535-2303 or 800-535-2303
 Tammi Allen
 County Courthouse

 Naomi Summers
 PO Box 11
 Lower Level #128

 saves1@midrivers.com
 Roundup, MT 59072
 406-567-2277

406-323-2602 Tues. & Thurs. 9-12 & 1-4PM

(Crisis Line) 1-800-535-2303

Provides victim hotline. Safe homes are available with referral and advocacy with community agencies. Also provides peer counseling and maintains used clothing outlet, which is open 6 days a week. Speakers are available for community education. Services provided to all six counties.

#### **Schools:**

Lewistown:		Lavina:	<b>406-</b> 636-2761
Fergus High School	406-535-2321	Melstone:	<b>406-</b> 358-2352
Junior High School	406-535-5419	Moore:	<b>406-</b> 374-2231
Highland Park (3-4)	406-535-2555		
		Roundup:	
Garfield (K-2)	406-535-2366	High School	406-323-2402
Lewis and Clark (5-6)	406-535-2811	Elementary	406-323-1512
Denton:	<b>406-</b> 567-2270	Ryegate:	<b>406-</b> 568-2211
Geyser:	<b>406-</b> 735-4368	Stanford:	<b>406-</b> 566-2265
Grass Range:	<b>406-</b> 428-2341	Winifred:	<b>406-</b> 462-5420
Harlowton		Winnett:	<b>406-</b> 429-2251
High School	406-632-4324		
Hillcrest Elementary	406-632-4361		
Judith Gap:	<b>406-</b> 473-2211		

### **SCL Health Medical Group (Intermountain Healthcare)**

1233 North 30<sup>th</sup> St <a href="https://www.sclhealth.org/">https://www.sclhealth.org/</a>
Billings, MT 59101

406-657-7000

Full service hospital with 24-hour care. 24-hour emergency medical response at 800-jet-help. Also provides Ask-A-Nurse program.

### SCL Health Medical Group Lewistown (Intermountain Health Care)

70 Cattail Dr. <a href="https://www.sclhealth.org/">https://www.sclhealth.org/</a>
Lewistown MT 59457

Lewistown MT 59453 406-535-7070

#### **Search and Rescue**

Fergus County Sheriff's Complex 406-535-3415

712 W Main

Lewistown, MT 59457 <u>www.co.fergus.mt.us</u>

This office works under the sheriff's office. Provides help in locating lost or missing persons. Does have airplane-searching capabilities through civil air patrol.

#### **Section 8 Rental Assistance**

DISTRICT 6 HRDC Email: cmhrdc@midrivers.com

300 1<sup>st</sup> Avenue North Suite 203 <u>www.hrdc6.org</u>

Lewistown, MT 59457

406-535-7488 or 800-766-3018

Provides assistance with monthly rent payments. Eligibility based on family size, income and resources. There is a wait list for services.

#### Self Help Law Centers

Yellowstone County Self-Help Law Center Cascade County Self-Help Law Center

216 N. 29th St. 13 6th St. S. Billings, MT 59101 Great Falls, MT 406-869-3531 406-205-0347

<u>yellowstonecountyselfhelp@mt.gov</u> <u>cascadecountyselfhelp@mt.gov</u>

Provides free legal information, forms, and assists customers in navigating the court process when they are representing themselves. We are not a law firm and cannot provide legal advice, but we do work to connect customers with potentially qualifying legal resources. We can assist customers with issues such as divorce, parenting plans, orders of protection, guardianship, name changes, paternity, landlord/tenant issues, and more. We <u>cannot</u> assist with criminal issues, bankruptcy, wills, or probate.

#### Senior Citizen Services

See Area II Agency on Aging and Council on Aging

### **Senior Homes**

https://www.seniorhomes.com/

1-800-748-4024

A not-for-profit organization dedicated to creating easy-to-access information about senior care and housing on the internet. **We provide no-cost advisory services for loved ones and their families. Every step of the way.** 

SeniorHomes.com is the leading national voice representing seniors in issues related to long-term care, helping to ensure they, along with their families are empowered to advocate for themselves.

# Sheriff's Dept.

Fergus: 712 W Main Lewistown, MT 59457 406-535-3415 www.co.fergus.mt.us

Petroleum: Winnett, 406-429-6551
Judith Basin: Stanford, 406-566-2212
Wheatland: Harlowton, 406-632-5614
Golden Valley: Ryegate, 406-568-2321
Musselshell: Roundup, 406-323-1402

Provides all law enforcement services. Handles all complaints. They provide referrals to other agencies as needed. Also provides supervision of the Search and Rescue department. EMERGENCIES DIAL 911.

### **Shodair Children's Hospital**

2755 Colonial Drive Helena, MT 59601 406-444-7500

Provides child and adolescent psychology treatment for emotional and behavior problems for youth under the age of 18. The hospital also has a Medical Genetics counseling and traveling clinic. Adoption services information available. 24-hour facility.

### **Shrine Al Bedoo Hospital Corps**

PO Box 20673 Billings, MT 59104 406-259-4383

Provides screening clinics for referrals to the Shrine Hospital in order to provide the highest quality care for children who are in need of specific types of medical attention.

## **Shriner's of Central Montana**

215 3<sup>rd</sup> Avenue North Larry Brewington Lewistown, MT 59457 Lane Pallet

406-538-2966 or 406-538-3007

Provides free transportation to and from the Shriner's Hospital for both the child and his/her parents. They will pay for hotel expenses as well as any orthopedic charges.

#### S.M.I.L.E.S

406-350-2904

Formerly "Blessings in a Backpack" referrals made by the schools. They provide food on the weekend for elementary school children

# **SNAP (Supplemental Nutrition Assistance Program)**

Office of Public Assistance 312 Birch St Suite 1 Lewistown, MT 59457 Statewide contact number 888-706-1535

Provides economic assistance through TANF financial assistance, SNAP and Medicaid.

### **Snowy Mountain Development Corp**

507 W Main Street **Lewistown, MT 59457 406-535-2591** 

Brings people of diverse backgrounds, expertise, resources, interests and viewpoints together to address the problems, challenges and issues that affect the quality of life for residents in this area. Serves the six-county region of Fergus, Golden Valley, Judith Basin, Musselshell, Petroleum and Wheatland Counties. Offer technical assistance, planning, guidance and funding strategies to businesses and local governments within the area. Manages revolving loan funds. Assists with community and economic development projects, planning, grant-writing, financial resource development, administration, implementation and monitoring. Assists businesses with feasibility studies, market studies, organizational plans, business plan development, business management, marketing, financial resource development, financial management, start-up and other technical assistance. Provides homebuyer education classes. SMDC provides revolving loan funds to individuals, businesses and governments that are cleaning up properties that are contaminated with petroleum or hazardous materials. When funds available, provides housing rehabilitation assistance.

# **Snowy Mountain Industries**

132 Wunderlin Lewistown, MT 59457 406-538-5130

Provides self-help, pre-vocational, vocational, community living, academic, survival, residential living and semi-independent living training for adult mentally handicapped individuals. Must live within commuting distance. Waiting list statewide. Available 24 hours as needed. Counties included Fergus, Judith Basin and Petroleum.

# **Special Olympics**

**Kaylene Patten 406-538-8479** 

Provides a program of sports training and athletic competition for mentally disabled individuals. It accommodates competitors at all ability levels by assigning them to competition divisions based on both age and actual performance. Helps individuals gain confidence and positive self-image; thereby contributing not only to their physical well-being, but their social and psychological development also.

#### **Social Security**

Toll Free: 1-800-772-1213

For Questions regarding the Direct Deposit, call 1-800-333-1795

Great Falls Billings

2008 23rd St S 2900 4th Avenue N Room 100

877-583-4114 866-895-1795

### STEP (Support and Techniques for Empowering People)

224 Main St Suite 316 Lewistown, MT 59457 800-820-4180

STEP Services for Musselshell area: 644 Grand Avenue Billings, MT 59101 406-869-3010

Provides services for developmentally disabled individuals from birth up and their families. If you know of a child who does not seem to be developing at the same rate as other children of his/her age, call us. Perhaps we can help.

# Suicide Hotline, 24 Hour Availability

1-800-332-8425 Montana 1-800-784-2433 National Text MT to 741-741

#### **Superintendent of Schools**

Fergus County Courthouse 712 W	Musselshell County Courthouse	
Main St. Lewistown, MT 59457	Roundup, MT 59072	
406-535-3136 www.co.fergus.mt.us	406-323-1470	
Wheatland County Courthouse Harlowton, MT 59036 / 406-632-4816	Judith Basin County Courthouse Stanford, MT 59479 / 406-566-2277	

Information on school laws and regulations governing education in Montana are available at the Fergus County Superintendent Office. Home school registration. Resource library available. 27" roll laminator available for use.

### **Telephone/Cell Phone Assistance**

Lifeline is a government program that provides a monthly discount on home or mobile telephone services. Only one Lifeline discount allowed per household. Members of a household are not permitted to receive Lifeline services from multiple telephone companies. The household income must be under 135% of federal poverty guidelines to meet eligibility.

To register contact a local telephone company (eligible companies are found at <a href="www.lifelinesupport.org">www.lifelinesupport.org</a> Local companies participating include 3 Rivers, Mid-Rivers, Triangle Communications, Central Montana Communications, Cellular One.

Recognizing the important benefits associated with phone access and concerned that low-income households may not be able to afford phone service on their own, the federal government created the Lifeline Assistance program in 1985. Consumers who qualify based on federal or state-specific eligibility criteria can obtain discounted or free phone service through the Lifeline Assistance program.

This program has expanded and now includes cell phones (data, minutes, and texting). The service is provided through Assurance wireless and Q Link Wireless.

#### TWO PROVIDERS for LIFELINK cell phone assistance

Assurance wireless on T-Mobile network

1-888-321-5880

https://www.assurancewireless.com/acp-phone/states/montana-acp-free-phone-service

#### **Qlink**

https://enroll.qlinkwireless.com/signup/ Cell phone link with Q

1-855-754-6543

### TANF - Temporary Assistance for Needy Families

Office of Public Assistance 312 Birch St Ste. 1 Lewistown, MT 59457 Statewide contact number 888-706-1535

Provides a cash grant to families facing economic hardships. If you are pregnant and in your last trimester, you may be eligible for TANF. Household members receiving TANF, SSI, age 60 or older or disabled do not have to meet income requirements.

#### The 3:16 Project, Inc.

PO Box 93

Stanford, MT 59479

406-566-2361 (leave a message) The316project.inc@gmail.com

Helping disabled and those with low and fixed income with projects in and around their homes at no cost.

#### **Thrift Stores**

Treasure Depot: 406 W Broadway, Lewistown 406-535-4074 SAVES: 1007 Truck Bypass, Lewistown 406-535-4111

Heart of Montana: US Highway 87 W, Lewistown 406-535-6707 Golden Thimble: 113 7<sup>th</sup> Ave West, Roundup 406-323-8877

#### **Tobacco Quit Line**

1-800-QUIT NOW 1-800-784-8669

The Quit Line was created to give smokers and chewer's confidence and support to help kick the tobacco habit for the last time. Helpful information, Nicotine Replacement Therapy (gum or patches) and trained counselors are all available tools to help you succeed. The Quit Line is a toll free number and services are all free.

## <u>Tobacco Use Prevention Program (Central MT)</u>

Fergus County Nurses Office 712 W Main St Lewistown, MT 59457 406-535-7433 Fergus County Central MT Health District 505 W Main St Suite 213 Lewistown MT 59457 406-535-3983 Judith Basin and Wheatland counties

# **Torch Recovery Center**

517 W Janeaux Lewistown MT 59457 406-538-6724

https://torchlewistown.org

TORCH is a local non-profit organization whose primary mission is to support people in or seeking recovery from substance use disorders. We strive, as a self-help group, for giving people a safe place to discuss their substance use disorder and other issues, while giving support without judgement. We host peer-to-peer support meetings six nights per week and we welcome people from all pathways to recovery including their family, friends, and allies. TORCH puts a face and voice to people in recovery in order to educate our community that recovery is possible and to reduce the stigma associated with substance use disorders.

### **Total Family Care**

611 NE Main St Suite 2 Lewistown MT 59457 406-350-4067 Kimberlee Decker DNP APRN Family Nurse Practitioner

A nurse practitioner – run clinic handling acute and chronic care for the entire family.

# TRIO: See also Educational Opportunity Center (EOC)

2100 16<sup>th</sup> Avenue S Great Falls, MT 59405

406-771-4326 or 1-800-446-2698

**Contact: Marty Foxman** 

Provides counseling for individuals who want to further their education. Offers information on financial aid, assistance with college admissions, scholarship information, and works with defaulted student loans.

Federal TRiO programs home page.

www2.ed.gov/about/offices/list/ope/trio/index.html

### **Unemployment Insurance**

**Unemployment Insurance Division** 

https://uid.dli.mt.gov/

Montana Department of Labor and Industry P.O. Box 8020 Helena, MT 59604-8020 406-444-2545

Provides short-term economic relief to eligible workers from a fund financed by employers. Montana employers provide job insurance for their workers by paying premiums in the form of payroll taxes.

#### <u>University of Providence</u>

https://www.uprovidence.edu/

University of Providence 1301 20th Street South

Great Falls, Montana 59405 800-856-9544 University of Providence

Airport Road

Lewistown, MT 59457

### **USDA**

Assisting rural communities with several programs: Broadband; Drought; Grants and Loans; Conservation; Environmental markets; Wildfire Prevention; Agriculture Research; OPEDA Scholarship program; Child Nutrition Programs; Expanded Food and Nutrition Program (EFNEP).

Please see their website for full details www.usda.gov

### <u>Used Clothing/Goods Stores</u>

Providing used clothing and assorted household items for a nominal fee.

**U-SAVES Store**Heart of Montana
1007 Truck By Pass
80663 US Hwy 87 W

Lewistown, MT 59457 406-535-4111 Lewistown MT 59457 406-535-6707

**Treasure Depot**410 W. Broadway

Golden Thimble
113 7<sup>th</sup> Ave West

Lewistown, MT 59457 Roundup MT 59072 406-323-8877

# Veteran's Administration 1-800-827-1000

### **Veteran Crisis Hotline**

www.vetrancrisisline.net

1-800-273-8255

### **Veteran's Administration Clinic**

629 NE Main Lewistown, MT 59457 406-535-4790

Provides health care to Veterans. Call for an appointment, push #2 at first recording, push #2 at second recording. 8 AM to 5 PM, M-F.

#### **Veterans Affairs Division / Montana**

Below is a list of contact offices for each County in District 6.

County	Office	Phone Number	Address
Fergus	Great Falls Office	406-452-2265	600 Central Plaza # 300
Judith Basin	Great Falls Office	406-452-2265	600 Central Plaza # 300
Golden Valley	Billings Office	406-656-0584	2795 Enterprise Ave.
Mussellshell	Billings Office	406-656-0584	2795 Enterprise Ave.
Petroleum	Billings Office	406-656-0584	2795 Enterprise Ave.
Wheatland	Belgrade Office	406-388-4601	350 Airport Rd

Provides eligible wartime veterans over the age of 65 pension benefits. If you are a Viet Nam veteran that served in country and have Diabetes Mellitus Type 2 please contact your Veterans Service Officer.

#### **Veterans Affairs Outreach for Lewistown**

Please call 406-452-2265 for information when they will be in your area.

#### Vocational Rehabilitation

Counties: Fergus, Judith Basin, Petroleum	Musselshell, Golden Valley, Wheatland
201 1st St South Suite 2	2121 Rosebud #C
Great Falls, MT 59405	Billings, MT 59102
406-454-6060 or 1-888-279-7527	406-248-4801

Provides evaluation, counseling and guidance, training, financial assistance, equipment, artificial aids, tools, medical services and job placement. Call for an appointment. Counselor makes regular trips to Lewistown.

### Weatherization Program

DISTRICT 6 HRDC <u>www.hrdc6.org</u>

300 1st Avenue North Suite 203 Email: cmhrdc@midrivers.com

Lewistown, MT 59457 535-7488 or 800-766-3018

Improves heating efficiency and reduces home energy consumption through insulation, weather stripping, and caulking, window repair, heating system tune-up, repair or replacement.

# Wheatland County Food Bank

Federated Church of Harlowton

15 1st NW

Harlowton, MT 59036 Phone: 632-4228

Emergency food pantry open 5PM to 6PM every Wednesday. In case of emergency, contact the Sheriff's Office.

# (WIC) Women, Infants and Children

DISTRICT 6 HRDC www.hrdc6.org

300 1st Avenue North Suite 203 Email: cmhrdc@midrivers.com

Lewistown, MT 59457 535-7488 or 800-766-3018

WIC is a special supplemental nutrition program for women, infants and children providing valuable nutrition and health information. WIC helps all types of families learn how to make healthy, lifelong nutrition and lifestyle choices. Women who are pregnant, breastfeeding a baby, or just had a baby, infants and children up to age 5, and who meet financial guidelines are eligible for WIC. Call for an appointment.

Lewistown WIC clinic held at 300 1st Avenue N. Suite 203.

Harlowton WIC clinic held at Harlowton Library (13 Central Ave. South) 2<sup>nd</sup> Thursday of every month.

### WIC - Roundup

Ambulance Barn 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays

Call 406-247-3370 to schedule an appointment.

# WIOA (Workforce Innovation & Opportunity Act) Employment Training Resources

**District 6 HRDC** 300 1st Avenue North Suite 203 Lewistown, MT 59457 535-7488 or 800-766-3018

www.hrdc6.org

Email: cmhrdc@midrivers.com

Assists youth and adults with employment and training through work experience, on-the-job training, classroom training, basic education and other services as necessary to achieve employment goals.

### Yellowstone Boys and Girls Ranch

PO Box 3596 211 3rd Avenue North Lewistown, MT 59457 538-4418 www.ybgr.org Billings: 321 1st Avenue S Billings, MT 59101

406-259-5362

Provides youth cases management and family support services to youth with serious emotional disturbances ages 0-18. Family support assistants are available.

### Your Neighbor Cares

http://yourneighborcares.org 406-366-4596

Formerly "My Neighbor in Need", is a non-profit organization designed to help those who are in need. We do this by letting the community know about the need and their response determines what we are able to provide.

### Youth Dynamics

Mischelle Chambers Area Manager 225 7th Ave South Ste 1 **Great Falls MT 59401** 406-453-5592

Fax: 406-453-5594

www.vouthdvnamics.org

Non-profit organization that serves youth with behavioral health issues. Services include family therapy, case management, in-home family education and support, therapeutic foster care, respite care, therapeutic mentoring, shelter care, youth home care, substance abuse treatment and independent living skills.

### Youth Energy and the Community Service Program

712 W Main St 406-538-9242

Oversees the community service program for court ordered youth offenders.